



BUUF ADULT EDUCATION PROGRAM  
FALL 2007

Life-long Learning  
Spiritual Growth  
Building Community

UU: Past, Present, Future

We will explore Unitarian Universalism, its histories, present state and future possibilities. The course will provide a thumbnail sketch of our tradition, look at our changing character as a faith and our developing role in the world, and discuss future prospects for both, including a celebration of a remarkable experiment in bringing together two profound spiritualities into a diverse, vibrant stream.

- ❖ Week 1: Unitarian History: Brief Overview
- ❖ Week 2: Universalist History: Brief Overview
- ❖ Week 3: Bringing Unitarians and Universalists Together: Challenges, Merger, Results
- ❖ Week 4: The State of Unitarian Universalism Today
- ❖ Week 5: Where Are We Going? Possibilities and Destiny

**Leaders:** Rev. Elizabeth Greene, Prof. Elton Hall

**Schedule and location:** 5 sessions, Tuesdays, 7-9 p.m., November 6, 13, 20, 27; December 4 (class will decide whether to meet Nov. 20 before Thanksgiving or on Dec. 11 as the alternative date). Junior High Room

**Registration fee:** \$10

**Maximum enrollment:** 20

The Poetic Cosmos

Drew Dellinger is a spoken word poet, teacher and activist, and founder of the non-profit Poets for Global Justice. He has presented and performed at hundreds of conferences, colleges, churches, and events across the country, speaking on social and environmental justice, cosmology and ecology, and grassroots democracy. The website, <http://www.drewdellinger.com>, provides information about his current writings, performances, workshops, and activism.

On Saturday, November 3, Drew will be at BUUF for the following special events:

- ❖ **The Poetic Cosmos Workshop:** The poetic imagination flows from the depths of the universe itself. This workshop will explore the joys of the spoken word, awakening the playful poet and wordsmith within. Through writing, reciting, and listening to poetry, participants will celebrate the sacred cosmos of language while reflecting on the ecological and social challenges of our time.
- ❖ **The Poetic Cosmos Spoken Word Performance:** Drew will perform spoken word poetry in the sanctuary, inviting us to stretch our minds around the 13 billion year history of the universe and the current movements for global justice and earth democracy.

**Leader:** Drew Dellinger

**Schedule and location:** Saturday workshop, Nov. 3, 10 am to 12:30 pm, North Wing classrooms; Saturday evening performance, Nov. 3, 7-9 pm; Sanctuary

**Registration fee:** \$15 for Saturday workshop (includes pizza/salad lunch and conversation following the workshop); \$15 for Saturday evening performance (followed by refreshments and a book signing).

**Please note:** There will be a reduced \$25 registration fee for those who wish to attend both the workshop and evening performance.

## Walking the Labyrinth

If life has you wandering aimlessly in circles, come discover a secret that's stood the test of time for thousands of years. A labyrinth is a single walking path that leads to the center in a spiraling, circling pattern. It is used as a walking meditation for calming the mind and deepening the contemplative side of human nature. Emerging from Pagan, Christian, Jewish, and Islamic faith traditions, walking the Labyrinth is a spiritual practice adopted by a growing number of UU congregations.

This three-hour workshop includes:

- ❖ The history and significance of the Labyrinth;
- ❖ Guidelines for consciously walking the Labyrinth
- ❖ How to design your own labyrinth
- ❖ Time spent outside walking BUUF's newly constructed rock labyrinth

**Leaders:** Jay and Carol Wechselberger

**Schedule and location:** Saturday, October 13, 9 am to 12 noon; North Wing classrooms

**Registration fee:** \$5 (bring a sack lunch; drinks and cookies will be provided)

**Maximum enrollment:** 30

## Bohmian Dialogue

Physicist David Bohm was interested in consciousness and why our human behaviors are so often self-destructive. He pioneered using dialogue in such a way as to expand our awareness of shared meaning (not necessarily agreement) and promote greater understanding of our selves and each other.

The point of Bohmian Dialogue is not the content, but the process. Whatever the subject, we all have unconscious assumptions about it. When these assumptions are challenged, especially if they are important to us, we will experience some emotion, such as anger or defensiveness.

The task, then, is to notice the reaction, discover the assumption causing it, and “suspend” that assumption. Suspending does not mean judging, or denying, or rejecting the assumption. It just means we all get to share our assumptions together and be aware of them. Thus we find common ground in discourse and relationships.

This four-session class will introduce Bohmian Dialogue as a dynamic yet purposefully unstructured group process, with no set topic. Following the class, interested participants may form an ongoing Bohmian Dialogue group, meeting on a regular basis to be agreed upon by the members.

**Leader:** Lynne Tolk

**Schedule and location:** 4 sessions, Thursdays, 7-9 pm; October 18, 25; November 1, 8; Junior High Room

**Registration fee:** \$10

**Maximum enrollment:** 12

## Asatru (or, “What’s a Nice Girl Like You Doing Worshipping Viking Gods?”)

Debbie Espen will share her knowledge and love of *Asatru*, the living ancient folk religion of Northern Europe. No, this is not Wicca! This one session, two-hour class will cover all the basics of *Asatru*, including historical background, revival and reconstruction, key figures and stories, ethics, runes, and worship. We will end by sampling holy mead poured from a blessed horn.

**Leader:** Debbie Espen

**Schedule and location:** Friday, November 9, 7-9 pm; Senior High Room

**Registration fee:** \$5

**Maximum enrollment:** 20

## Deep Economy

Bill McKibben's new book, *Deep Economy*, challenges our “business as usual” economic system. For the first time in human history, “more” is no longer synonymous with “better”—indeed, for many of us, they have become almost opposites. McKibben wants us to think in new ways about the things we

buy, the food we eat, the energy we use, and the money that pays for it all. Our purchases need not be at odds with the things we truly value.

This five-session class will discuss the pursuit of prosperity in a more local direction—with cities, suburbs, and regions producing more of their own food, generating more of their own energy, and even creating more of their own culture and entertainment. This concept is already blossoming around the world with striking results, from the burgeoning economies of India and China to the more mature societies of Europe and New England. For those who wonder if there isn't something more to life than consumption, McKibben's book offers a realistic, if challenging, scenario for a hopeful future in which we nurture the essential humanity of our economy.

**Leader:** Mike Philley

**Schedule and location:** 6 sessions; Sundays, 5-6:30 p.m.; November 4, 11, 18, 25; December 2, 9; Junior High Room.

**Registration fee:** \$10 (Participants should purchase their own copy of *Deep Economy*, available at local bookstores and Amazon.com)

**Maximum enrollment:** 12

### Global Warming: Changing CO<sub>2</sub>urse

Al Gore's academy award-winning film, *An Inconvenient Truth*, ushered in a wave of public discourse and mounting concern about our warming planet and the prospects for a sustainable future. Climate scientists, economists, politicians, and business leaders alike are increasingly in agreement with the following statement by Alan AtKisson, President and CEO of AtKisson Group, a global network of consultants and small firms working on the climate crisis: "*We are no longer passive victims of the climate system's slow oscillations; we are now, as a collective, atmospheric engineers.*"

This four-session course explores the history and science of global warming, our personal values and habits as they relate to climate change, and both individual and community actions to curb the effects of a warming atmosphere. Participants will draw on readings and discussion questions from a course book provided by the Idaho Earth Institute (IEI).

**Leader:** An IEI-trained course mentor will facilitate the opening session

**Schedule and location:** 4 sessions, Mondays, 7-9 pm; October 8, 15, 22, 29; Junior High Room

**Registration fee:** \$25 (includes \$15 cost of IEI course book)

**Maximum enrollment:** 12

### Wees Bar Petroglyphs

This all day guided hike will explore the cultural significance of one of the largest Native American petroglyph fields in the Pacific Northwest. The total distance covered on foot will be approximately 8 miles. We will start at Swan Falls Dam south of Kuna and walk across the spillway to the south bank of the Snake River where we will hike downstream to the major petroglyphs site at Wees Bar. Along the way, we will look for soaring raptors and discuss recreation use in the Snake River Canyon. Come prepared with comfortable hiking boots or shoes, hat and sunscreen, jacket, binoculars, food and water.

**Leader:** Barbara Forderhase, Bureau of Land Management

**Schedule and location:** Saturday, October 20; meet at BUUF at 8 am to car pool to Swan Falls Dam; expect to return to BUUF by 6 p.m.

**Registration fee:** \$10 (bring your own sack lunch and water!)

**Maximum group size:** 12

# BUUF ADULT EDUCATION PROGRAM FALL 2007

To register for classes and workshops, simply fill out this form, attach a check, and deposit in the “drop box” at the Adult RE information table at the rear of the sanctuary. You may also return or mail registration forms and fees directly to the BUUF office:

**Boise UU Fellowship (Attention: Adult RE)  
6200 N. Garrett**

Boise, ID 83714

You may register for more than one class. Your registration will be confirmed with a call to remind you of the start date for the classes or workshops you have selected. If the class is full, we will contact you and refund the fee.

***\*\*\*The registration fee will be waived for anyone requesting financial assistance***

Name, phone, e-mail	Course or Workshop	Fee
	TOTAL FEES	

Childcare Needed?    YES    NO