



BUUF ADULT EDUCATION PROGRAM *SPRING 2010*

Life-long Learning ♦ Spiritual Growth ♦ Building Community

Art, Religions, and Values

An artist's exploration of the following world religions: Judaism, Christianity, Islam, Baha'i, Buddhism, Hinduism, Taoism, Confucianism, The Dreaming Religion of the Australian Aborigines, The Religion of the Hopi of the Southwest, Ifa Divination of the Yoruba, and Inuit Spiritualism. Through visual art, readings, and discussions, participants will broaden their understanding of religions, art, and values.

Concurrently with the class, BUUF will be exhibiting the twelve preliminary paintings for Mark McGinnis' *Designs of Faith Project*, which led to the development of this course.

Leader: Mark McGinnis, Professor Emeritus of Art, Northern State University, Aberdeen, SD

Schedule and location: Thursdays, 7- 9 p.m., Jan 21, 28, Feb 4,11,18,25, March 4; Brown Room (north wing)

Registration fee: \$25 (includes \$17 cost of class textbook, *Designs of Faith*)

***Please register by Jan 17 so we know how many books to print**.*

Maximum enrollment: 20

Spiritual Practices

Have you ever said to yourself, "I know I should have a regular spiritual practice, but..."? Well, here's a chance to join others in five evenings of various spiritual practices, giving us time together not only to center and to bond with each other, but also to "try out" different possible disciplines.

We will experience breathing, chanting, prayer, movement meditation, and lectio divina, plus reflecting on sacred writings from several traditions. In addition, there will be time for consideration of our questions and concerns. Elizabeth will facilitate, and we will also have guest practitioners leading us in their disciplines. This is your chance to start your new life, the one with time every day for centering, focusing, getting in touch with what calls you.

Leader: Elizabeth Greene

Schedule and location: Tuesdays, 7-9 p.m., Feb 23, March 2, 9, 16, 23; Brown Room (north wing)

Registration fee: \$10

Maximum enrollment: 20

Writing Life Stories

Life stories can have many sources. They can begin with memories associated with an old snapshot or with an uncle's favorite anecdote. They can be of any length, while feeling complete in themselves, satisfying and still provocative. They may be 'true' or truly remembered. They may have a kernel of truth - or not. A story can turn into something bigger— a short story or a novel. But they don't have to.

Families typically have their own collection of memories that can be the basis for good stories. This class will start you on the work of exploring and shaping the raw material of memories— your own or those of others. Each class will be a combination of imagination-building, sharing, skills, and professional secrets.

Leader: Jeanette Ross

Schedule and location: Tuesdays, 7-9 p.m., Feb 9, 16, 23, March 2; Junior High room

Registration fee: \$15 (includes cost of photocopied materials)

Understanding Our Moment in History: Presentations & Workshop

Richard Tarnas, Jungian scholar and cultural historian, will return to Boise to speak about our age of transformation, a time for which the psychologist C. G. Jung used the term *kairos*, the pivotal moment for a fundamental spiritual and cultural change in human experience. Prof. Tarnas is author of *The Passion of the Western Mind*, a history of Western thought that is used in universities and colleges across the country, and *Cosmos and Psyche*, which explores the spiritual and cultural dimensions of the changes he discerns today. He visited BUUF in 2007 to a packed house and many requested a return engagement. Here it is!

On **Friday evening, April 23**, he will present an overview of our historical moment, how we got here, and what now seems to be unfolding, followed by discussion with audience members.

The **Saturday all-day workshop on April 24** will look more precisely at the archetypal dynamics now active in the collective psyche, and how these are playing out in individual lives and the wider culture. The workshop provides a more intimate setting, enriched by discussion, for exploring our age of transformation through astrological insight, the concept of synchronicity, and illustrations from film, music and the other arts. Lunch is on your own.

In addition, the Rev. Elizabeth Greene, Prof. Elton Hall, and Bill Renwick of the *Idaho Friends of Jung* will host a **Salon on March 19** to prepare for Richard Tarnas' visit. (See the special insert for more information.)

Schedule, location and fees: All meetings will be held at BUUF.

Friday, March 19 7-9 p.m., \$5 donation suggested

Friday, April 23 7-9 p.m. only, \$10 in advance, \$15 at the door

Saturday, April 24 workshop, 9:00-noon & 1:30-4:30 p.m. and April 23 presentation:

-- \$40 in advance, \$50 at the door (on Friday evening)

Healthy Children/Healthy Planet

"We could never have loved the earth so well if we had had no childhood in it." (George Elliot)

Course objectives include: 1) Understand how the pervasive effects of advertising, various media, and our consumer culture can influence a child's view of the world. 2) Discover ways to create meaningful family times and healthful environments for children. 3) Explore ways to develop a child's connection to nature, and to foster creativity.

Participants will use a discussion guidebook published by the Idaho Earth Institute. Each session will be collectively led, with discussion group participants sharing responsibility for openings and facilitation.

Workbooks can be picked up at the BUUF office during/after registration.

Please read the *Cultural Pressures* (Session 1) in the guidebook to prepare for the first class.

Leaders: An Idaho Earth Institute mentor will facilitate the first session to model the group process.

Schedule and location: Thursdays, 7-9 p.m., March 11,18,25, April 8,15,22,29; Junior High room

Registration fee: \$25 (includes the \$20 cost of the Healthy Children/Healthy Planet discussion guidebook)

Maximum enrollment: 16

Watercolor Sketching in BUUF Gardens

A one-day watercolor workshop in quick sketching with watercolor paints. Open to students with any level of experience or no experience at all (16 years of age and older).

The class will begin with demonstrations in color mixing and basic techniques and then move outside to sketch in the gardens. Bring a sack lunch for a noon lunch break. The afternoon will begin with more demonstrations and outdoor sketching. During the last hour, there will be a class discussion of the day's sketches.

Materials to bring: a set of transparent watercolors (pan or tubes), one or two watercolor brushes #4 to #6,

a watercolor paper block or pad about 9" X 12", small water container (yogurt cup), water bottle, pencils, cloth or plastic bag (to carry materials), a few paper towels, a folding chair (or sit on the ground). If you have no painting materials, a basic set can be purchased from Boise Blue for about \$20.00.

Leader: Mark McGinnis

Schedule and location: Saturday May 22, 9 a.m. - 5 p.m., Junior High room and BUUF grounds

Registration fee: \$10

Maximum enrollment: 12



Idaho Friends
of Jung
www.idahofriendsofjung.org

Idaho Friends of Jung Salons and Workshops **co-sponsored by the BUUF Adult Education program**

Friday evening salons include refreshments served prior to the presentation. These are followed the next morning by workshops on the same topic. There is no pre-registration. Donations (\$10 more or less) are accepted at the door.

Environment of Opposites

Leader: Scott Hyder, Jungian analyst

Salon: Friday, February 19, 7-9 p.m., BUUF Sanctuary

Workshop: Saturday, February 20, 10 a.m.-1 p.m., north wing classrooms

Aspects of Jung's basic theory are explored in relation to inner psychic opposites, on personal, interpersonal and transpersonal levels, as well as the dynamic tension and experience between 'inner' and 'outer' environmental considerations.

A psychological theory, if it is to be more than a technical makeshift, must base itself on the principle of opposition; for without this it could only re-establish a neurotically unbalanced psyche. There is no balance, no system of self-regulation, without opposition. The psyche is just such a self-regulating system." ~ CG Jung (Vol 7, par 92)

Call of Life: Facing the Mass Extinction

Leader: David Ulansey, Jungian/Religious Scholar

Special Film Event at the Flicks: Thursday, May 20, 7 p.m. (admission charged)

Salon: Friday, May 21, 7-9 p.m., BUUF Sanctuary

Workshop: Saturday, May 22, 10 a.m.-1 p.m., north wing classrooms

David Ulansey is Professor of Philosophy and Religion at the California Institute of Integral Studies and Executive Producer of the film *Call of Life*. The loss of biodiversity on earth has become so acute that scientists are now calling it a "mass extinction event." The film not only presents the facts of the shocking decline, it also explores the ways in which culture and psychology have conspired to determine our collective and individual response to this situation. The decisions we make or fail to make in the next few years will affect the habitability of earth for millennia to come. This is the greatest adventure of all time—with the future of life itself in the balance. For more information, including preview clips of the film, please visit www.speciesalliance.org/video.php.

BUUF ADULT EDUCATION PROGRAM SPRING 2010

To register for classes and workshops, fill out this form, attach a check, and deposit in the “drop box” at the Adult RE information table at Sunday services or the box at the front of the reception desk in the BUUF office. You may also mail registration forms and fees directly to the BUUF office:

Boise UU Fellowship (Attention: Adult RE)
6200 N. Garrett
Boise, ID 83714

You may register for more than one class and pay fees with a single check. Your registration will be confirmed with a call to remind you of the start date for the classes or workshops you have selected. If the class is full, we will contact you and refund the fee.

NAME: _____ PHONE#: _____

EMAIL: _____

Course or Workshop	Fee
TOTAL FEES	

******The registration fee will be waived for anyone requesting financial assistance***

CHILDCARE REQUESTED? Which class(es)? _____

Number and age of child(ren): _____